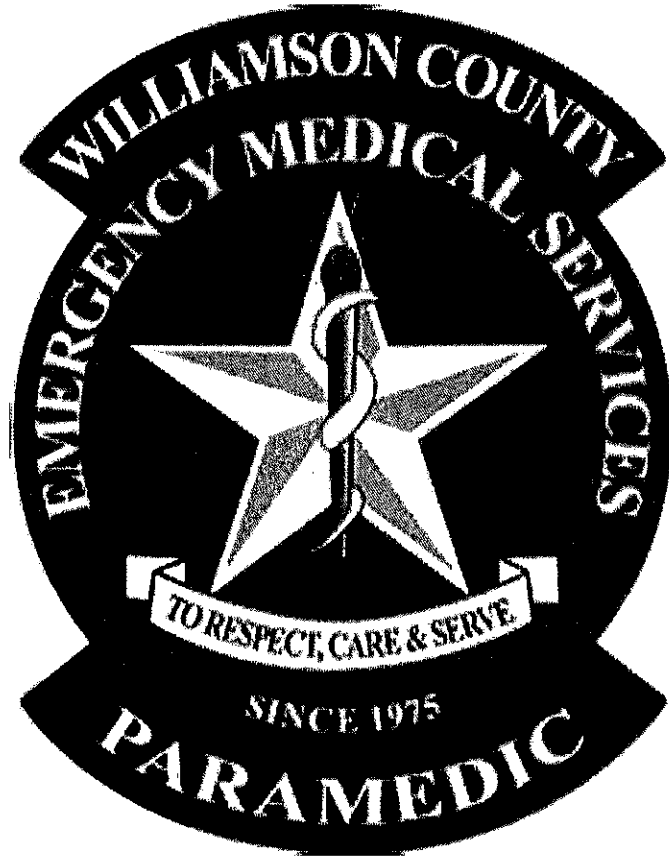


# The Williamson County EMS System



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## 5000 Medical Conditions

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### 5010 Abdominal Pain

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It is appropriate to treat undiagnosed abdominal pain with narcotics as otherwise indicated. Pain should be treated in accordance with 4400 Pain Control.

Because all abdominal pain has the potential to be from a surgical condition which may require anesthesia, all patients with abdominal pain shall be kept NPO throughout EMS care.

### 5020 Acute Adrenal Insufficiency (Addisonian Crisis)

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Consider in any patient with known Addison's Disease/adrenal insufficiency or who is on chronic (more than a month) steroids with abrupt cessation who has the following symptoms:

- Abdominal pain
- Nausea/vomiting
- Hypotension
- Altered mental status
- Persistent hypoglycemia after treatment

Treatment is also appropriate if the patient has a physician's order for steroids (usually SoluCortef), but is unable to self-administer.

#### First Responder Paramedic (FRP)

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##### Methylprednisolone IV/IO

- Adult: 125 mg over 1 min
- Pedi: 2 mg/kg over 1 min, max dose 60 mg

##### SoluCortef IV/IO/IM (ordered by the patient's personal physician)

- Adult: usual dose is 100 mg OR the specified dose prescribed by the endocrinologist
- Pedi: specified dose prescribed by the endocrinologist